





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Individualized programs/visits will occur throughout the month as assessed, along with self-directed activity options.</i></p>	<p><b>1</b> <b>Happy Canada Day!</b></p>  <p>No Scheduled Programs <small>Canada Day</small></p>	<p>10:00 Church Service with Bethania Chaplain <b>2</b> <b>10:30 Baking Program</b> <b>2:00 Tim Horton's Drive Thru</b> 6:30 Travelogue: Canada's Spectacular Lakes</p>	<p><b>3</b> 1:15 Balloon Volleyball 2:00 Tea Haus Drop In  6:30 Bingo</p>	<p>10:00 Elmwood Mennonite Brethren Worship Service <b>4</b> 10:45 Neighbourhood Walks 1:00 Beauty Hour 3:30 General Exercise <b>7:00 Rosenort Youth Choir</b> <small>Independence Day (US)</small></p>	<p><b>5</b> 10:30 Trivia 10:45 Helping Hands <b>11:30 BBQ – 700 Wing</b> (By Invitation)  <b>2:30 Sing Along</b></p>	<p><b>6</b> 10:45 Music &amp; Movements 10:45 Gentle Stretches  1:30 Bingo</p>
<p><b>7</b></p> 	<p><b>8</b> <i>A.M Sensory Worship</i> (By Invitation) Sensory Visits 10:30 Standing Exercise  2:30 English Hymn Sing</p>	<p>10:00 Church Service with Bethania Chaplain <b>9</b> 10:45 Current Events 1:30 Floor Crokinole 6:30 Travelogue: Bulgaria &amp; Romania</p>	<p><b>10</b></p>  <p><b>1:00 p.m. – 3:00 p.m.</b></p>	<p>10:00 Sargent Avenue MC <b>11</b> Worship Service 10:45 Neighbourhood Walks 1:00 Beauty Hour 3:30 General Exercise <b>6:30 Ice Cream in the Atrium</b> with Ernie Dyck Entertaining</p>	<p><b>12</b> 10:30 Catholic Mass 10:30 Trivia 10:45 Helping Hands <b>11:30 BBQ – North</b> (By Invitation)  <b>2:30 Video: "Mr. Bean"</b></p>	<p><b>13</b> 10:45 Gentle Stretches  1:30 Bingo</p>
<p><b>14</b> 10:00 Church Service with Gerhard Friesen</p>	<p><b>15</b> 10:30 Standing Exercise <b>10:45 Men's Coffee</b>  2:30 German Hymn Sing</p>	<p>10:00 Church Service with Bethania Chaplain <b>16</b> 10:45 Current Events  <b>3:00 Popcorn on the Patio</b>  6:30 Travelogue: Iran</p>	<p><b>17</b> <b>Dollarama Outing</b> (By Invitation) 1:15 Bocce Ball 2:00 Tea Haus Drop In  6:30 Bingo</p>	<p>10:00 Douglas Mennonite Church <b>18</b> Worship Service 10:45 Neighbourhood Walks 1:00 Beauty Hour 3:30 General Exercise <b>6:30 Watermelon &amp; Roll Kuchen</b> in the Atrium</p>	<p><b>19</b> 10:30 Trivia 10:45 Helping Hands <b>11:30 BBQ – Centre</b> (By Invitation)  <b>2:30 Eleanore's Parrots</b></p>	<p><b>20</b> 10:45 Music &amp; Movements 10:45 Gentle Stretches  1:30 Bingo</p>
<p><b>21</b> 10:00 Church Service with Bethania Chaplain</p>	<p><b>22</b> <i>A.M Sensory Worship</i> (By Invitation) Sensory Visits 10:30 Standing Exercise  2:30 English Hymn Sing</p>	<p><b>23</b> 10:45 Current Events 1:30 Chuck the Chicken 6:30 Travelogue: Budapest &amp; Croatia</p>	<p><b>24</b> 1:15 Balloon Volleyball 2:00 Tea Haus Drop In <b>2:00 Art Class</b>  6:30 Bingo</p>	<p>10:00 First Mennonite Church <b>25</b> Worship Service 10:45 Neighbourhood Walks 1:00 Beauty Hour 3:30 General Exercise <b>6:30 Ice Cream in the Atrium</b> with Martha Entertaining</p>	<p><b>26</b> 10:30 Trivia 10:45 Helping Hands <b>11:30 BBQ- North</b> (By Invitation)  <b>2:30 July Birthday Party</b> with the Mosaics</p>	<p><b>27</b> 10:45 Music &amp; Movements  1:30 Bingo</p>
<p><b>28</b> 10:00 North Kildonan Mennonite Church Service</p>	<p><b>29</b> Sensory Visits 10:30 Standing Exercise  2:30 German Hymn Sing</p>	<p>10:00 Church Service with Bethania Chaplain <b>30</b> 10:45 Current Events <b>1:30 Olympic Game: Sailing</b> <b>3:00 Popcorn on the Patio</b> 6:30 Travelogue: Olympic Documentary</p>	<p><b>10:30 Olympic Games: Diving</b> <b>31</b>  1:15 Table Games 2:00 Tea Haus Drop In  6:30 Bingo</p>	<div data-bbox="2225 1117 2585 1279" style="border: 1px solid black; padding: 5px;"> <p><b>2024 Paris Olympics</b> July 26<sup>th</sup> – August 11<sup>th</sup> Watch for Bethania Olympic Games!</p>  </div> <h1 style="text-align: center;">July 2024</h1> <h2 style="text-align: center;">Bethania Recreation &amp; Leisure Schedule</h2>		